NDIS eligibility checklist
for people with a mental health condition

Applicant's details

Person's name: _____

Date of birth: _____

Assessment questions

1: Is the person aged under 65

☐ No   The person does not meet the NDIA access criteria

☐ Yes   Go to question 2

2: Is the person an Australian citizen, permanent resident or special visa holder?

☐ No   The person does not meet the NDIA access criteria

☐ Yes   Go to question 3

3: Does the person have a diagnosed mental health condition or other disability?

☐ No   The person is unlikely to meet the NDIA access criteria at this time

☐ Yes   Go to question 4

4: Does the person have a diagnosed mental health condition or other disability?

☐ No   their condition can be managed through clinical and medical treatment along with group psychosocial supports and occasional one on one support.

              The person is unlikely to meet the NDIA access criteria at this time

☐ Yes   both medical and multi-agency psychosocial treatments are needed

              Go to question 5

☐ Unsure   both medical and multi-agency psychosocial treatments are needed

              Go to question 5

5: Was the mental health condition or psychosocial disability first recognised more than a year ago?

☐ No   it was only recognised recently

                      The person is unlikely to meet the NDIA access criteria at this time

☐ Yes   Go to question 6

6: Has the person previously, or is the person currently receiving treatment* for their mental health condition?

☐ No   The person is unlikely to meet the NDIA access criteria at this time

☐ Yes   Go to question 7

*Treatment may include medications, psychological therapies, cultural practices as well as services provided by community mental health providers.

7: Does the person struggle to find employment or participate in the community because of their mental health condition or disability?

☐ No   The person is unlikely to meet the NDIA access criteria at this time

☐ Yes   Go to question 8 – over the page

8: What is the impact of the person's mental health condition or disability on their functional capacity?

Domain 1: Social interaction	0	1	2	3	Score
Does the person need any assistance to participate in the community?	No	Sometimes	Usually	Always	
Does the person have any trouble communicating appropriately with others in the community?	No	Somewhat	Regularly	Daily	
Does the person's mental health condition impact on their ability to make or keep friends?	No	Somewhat	Regularly	All the time	
Subtotal score for social interaction					

Domain 2: Self management	0	1	2	3	Score
Does the person require help to manage their finances?	No	Sometimes	Regularly	All the time	
Does, or would, the person have trouble maintaining regular housing without support?	No	Sometimes	Regularly	All the time	
Does the person require support to attend appointments?	No	Sometimes	Regularly	All the time	
Subtotal score for self management					

Domain 3: Self care	0	1	2	3	Score
If the person is on medications, are they able to take them independently as directed?	Yes N/A	Usually	Sometimes	No	
Does the person need help to manage their basic health needs or hygiene?	No	Sometimes	Regularly	Always	
Does the person need support to make or get themselves a basic meal?	No	Sometimes	Usually	Always	
Subtotal score for self care					

☐   No domain scores a subtotal of 4 or higher

       The person is unlikely to meet the NDIA access criteria at this time

☐   At least one domain scores a subtotal of 4 or higher

       The person may meet NDIS access criteria and should be supported to test/re-test eligibility for the NDIS.